The phenomenon, attribution, analysis and suggestions of difficulty in love among female teachers

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**ABSTRACT**

This article lists a few social phenomena that prevent female teachers from finding true love and attributes these phenomena to individual characteristics such as professional characteristics, income level, professional image, educational concepts, and their own conditions. The article analyzes the awe mentality in group cognition. Thus, there are three objective problems: the first is the issue of job pay, where the relatively low pay in the teaching industry causes many male teachers to switch to industries with higher salaries, creating gender imbalance in the teaching industry; the second is the issue of preferring scarcity to overindulgence, where the majority of female teachers have higher education and have high standards for their ideal partners, striving for perfection and excellence; and third is the issue of social sphere which relates to the relatively restricted social sphere of female teachers due to work environment and also lack of communication opportunities with the opposite sex, thereby increasing the difficulty of finding suitable partners. Therefore, this article recommends that female teachers should actively change their perspective on marriage, expand their social circle, and rationally seek suitable partners. It also urges contemporary women to make an effort to understand the emotional needs of teachers and support their relationship and marriage.

**Key words:** Female teacher, difficulty in love, phenomenon analysis, countermeasure suggestions.

**INTRODUCTION**

Some phenomena of difficulty in love among female teachers

Teachers have become the "hardest hit areas for leftover women", according to Insight Finance No. 1, 2022-07-25 (Henan), with over 60% of female teachers being single. The report states that female teachers are often synonymous with "elegant and dignified, a lady from a wealthy family", and have always been the "hot cakes and favorites" in the marriage market. Unmarried men have always been proud to marry a female teacher. The Chinese government and social forces attach great importance to the education industry and have launched a series of policies and practices to promote the development of education, such as literacy and nine-year compulsory education. In response to the national call, generations of outstanding Chinese people have devoted themselves to the education cause of the motherland, laying a solid foundation for "revitalizing the country through science and education". They have also been praised by people in various industries, but in recent years, the gender ratio in the teaching profession has gradually become unbalanced. In 1999, the ratio of male to female teachers was approximately 1:1. In 2010, male teachers accounted for 42.05% and female teachers 57.95%. Although the gender ratio was uneven, the difference was also within an understandable range. However, the survey results in 2020 showed that the proportion of male teachers in China was only 28.86%, while female teachers reached 71.14%, resulting in a serious imbalance in the proportion of male...
and female teachers. Thus, according to data, as of the age of 35, the proportion of single women among middle-aged female teachers has reached 60%. The report emphasizes that female teachers, who were once known as the "darling" of the marriage market, have now become the main body of "leftover women".

According to a report by RuiRui’s parents on March 13, 2023 (Liaoning), teachers have become a "cold meal" in the blind date market. In first tier cities, more and more young people are choosing blind dates as a way to find their partner. On the one hand, they have left university campuses and have few opportunities to interact with different genders. On the other hand, it is because couples who meet on blind dates can more confidently measure their value, and the reference factor is no longer their feelings, but their education and work. The higher the education level, the better, but the more dignified the job, the better. When it comes to dignity, stability, and social status, one cannot do without them. The first thing that comes to mind is being a teacher. Although excellent in all aspects, it is nevertheless unable to stop the teaching profession from becoming the "cold rice" of the present blind date market.

The survey conducted by WanqingXuejie (Liaoning) on August 16, 2022 also shows that many female teachers in county towns have made multiple blind dates but could not find a suitable partner, and parents are also feeling disappointed. Relatively speaking, female teachers in big cities are very popular, but female teachers in small cities face "blind date difficulties". This may be because the status of teachers in small county towns is not very high, and there are too many "rough people" around them, the low level of education of the majority of local residents, their distancing from the teacher, and the difficulty in communicating in the same language. While one half of the teacher is aggressively discussing the education sector, the other is considering the potential sales of agricultural products. However, they think about it, they feel that the art style is very inappropriate. Therefore, it can be said that the confusion of the female teacher is obvious to everyone, and they do not know where to start from when they want to say something. Perhaps only teachers can adapt slowly. Suggestively, while waiting for good people to appear, do not forget to improve yourself and have the opportunity to showcase your best side to others, as this will make it easier to find the right fit.

Social cognition of difficulty in love among female teachers

In Chinese society, the professional group of female teachers is generally respected and respected, and people generally believe that they are knowledgeable, virtuous, and elite members of society. However, this cognition also increases the difficulty of female teachers' love to some extent.

First and Foremost, the high evaluation of female teachers by society has led many people to develop a sense of awe towards them, feeling that they are unattainable, thereby weakening their courage to establish romantic relationships with female teachers. This reverence stems not only from respect for intellectuals, but also from admiration for the teaching profession. From the perspective of social psychology, this reverence can be seen as a social stereotype that reinforces high expectations and evaluations of female teachers, but may become an obstacle to establishing intimate relationships with others.

Furthermore, society generally believes that female teachers have high cultural literacy and moral values, which leads some members of society to have high expectations of female teachers and believe that they should possess perfect qualities and behaviors. This high expectation puts a lot of pressure on female teachers during the love process, making it difficult to showcase their true selves. From a psychological perspective, this high expectation may make female teachers feel anxious and stressed, leading to them behaving timidly and unnaturally in love, making it difficult to establish stable and healthy romantic relationships.

Finally, society's attention and evaluation of female teachers often focus on their professional ethics and educational and teaching abilities, while neglecting the emotional needs of female teachers as ordinary people. This makes female teachers easily misunderstood and overlooked during the love process, further increasing the difficulty of love. From a cultural perspective, this phenomenon reflects the traditional understanding of women's roles in society, that is, women should take responsibility for taking care of their families and children, while neglecting their emotional needs and pursuits as independent individuals.

Absolutely, the reasons for the difficulty of female teachers falling in love are mainly related to the nature of their work, social circles, economic independence, and the high level of intellectual sophistication. At the same time, social cognition has also had a certain impact on the phenomenon of female teachers having difficulty falling in love. To solve this problem, female teachers need to adjust their mindset, expand their social circle, and find suitable partners; At the same time, society should also pay more attention to the emotional needs of female teachers and provide them with more understanding and support. In addition, we can further analyze this phenomenon from the perspectives of modern sociology, psychology, anthropology, and cultural studies, in order to find more effective solutions.

Attribution analysis of female teachers’ difficulty in falling in love

1. **Professional characteristics**: Teachers have relatively fixed working hours, relatively single job content and
environment, and often come into contact with students and parents. Their social circle is relatively small, which makes them have fewer opportunities to interact and communicate with men from other professions. From the perspective of interpersonal relationships, the size of social circles has a significant impact on an individual's chances of marriage and love. Values believe that everyone should have equal opportunities for marriage and love, and this characteristic of the teaching profession undoubtedly limits the opportunities for female teachers in this regard.

2. Income level: Compared to other industries, the income level of teachers is not high, especially for men, who may not be able to meet their economic needs in marriage and life. From the perspective of capital studies, economic capital is an important factor that affects an individual's position in the marriage market. Aesthetics believes that marriage should be based on love and should not overly emphasize economic factors. However, in real life, economic factors often inevitably affect an individual's choice of marriage and love.

3. Professional image: Although the teaching profession has a high status and image in society, in the eyes of some people, the teaching profession is more traditional and conservative, which may lead to misunderstandings or biases among some men towards female teachers. From a sociological perspective, such misunderstandings or biases stem from stereotypes about the teaching profession and need to be eliminated by strengthening society's understanding and identification with the profession.

4. Educational Concept: Some female teachers may be more conservative in their educational concepts, such as having traditional views on premarital sex and family role division, which may also lead to misunderstandings among some men towards female teachers. From the perspective of family studies, family values and division of roles have a significant impact on an individual's marital relationship, requiring both parties to reach a consensus on their concepts.

5. Self conditions: Some female teachers have excellent self-conditions, such as high education and good jobs. They also have higher requirements when searching for partners, which may make them feel cold in the marriage market. From the perspective of psychoanalysis, an individual's self-esteem and sense of inferiority have a significant impact on their choices in the marriage market. The excellent self-conditions of female teachers may make them appear more confident in the marriage market, but they may also feel inferior when facing men with other conditions, thereby affecting their marriage choices. Therefore the reasons why female teachers face difficulties in the marriage market are multifaceted and including both external and internal factors. But this does not mean that female teachers cannot find suitable partners, the key still depends on individual attitudes and choices. From the perspective of pragmatics, as long as female teachers can actively adjust their mindset, expand their social circle, and improve their marriage skills, they will definitely be able to find suitable partners.

The main problems of female teachers' difficulty in dating

1. Job salary issue: The salary level in the teaching industry is relatively low, especially for male teachers, who need to take on more family responsibilities such as buying a house or car. Therefore, their demand for salary is relatively high. However, their salaries in the teaching industry are difficult to meet their challenges, so many male teachers choose to switch to industries with higher salaries, such as the internet and programming. This has led to a gender imbalance in the teaching industry, with fewer and fewer male teachers, while most female teachers hope to find a male partner in the same industry, resulting in an imbalance between supply and demand. As a result, female teachers find it difficult to find a partner. From the perspective of salary and compensation science, salary level is an important factor that affects an individual's position and attractiveness in the marriage market.

2. Prefer scarcity over abuse: Most female teachers have received higher education, some even hold master or doctoral degrees, and they hope that their significant other is at least as excellent as themselves, or even better. Their requirements for their ideal partner usually include multiple aspects such as height, appearance, education, work, and financial status, pursuing perfection and excellence. However, there are few high-quality men, and women's excellence and picky judgment have also become a major obstacle on their marriage path. From the perspective of value game theory, women often engage in a series of value comparisons and trade-offs when searching for a partner, which may put them at a disadvantage in the marriage market.

3. Limitation of social sphere: Due to work environment reasons, female teachers often need to face younger students, and their social sphere is relatively small, lacking communication opportunities with the opposite sex. Their social circle often includes parents and students, which leads to less communication with the opposite sex. From the perspective of ergonomics, interpersonal communication and interaction are important factors that affect an individual's performance and attractiveness in the marriage market. The limitations of female teachers in this regard may make it difficult for them to find partners.

4. Professional image issue: The profession of teaching has a high status and image in society. However, in the eyes
of some people, the teaching profession is more traditional and conservative, which may lead to misunderstandings or biases among some men towards female teachers. From the perspective of political economy, society's perception and evaluation of the teaching profession often affect individuals' position and attractiveness in the marriage market.

5. **Work pressure**: Teachers face high work pressure and long working hours, which limits their time and energy when searching for partners. From the perspective of positive psychology, work stress has a negative impact on individuals' mental health and emotional life, which may reduce their performance and attractiveness in the marriage market.

6. **Role playing**: According to educational principles, the responsibility of educators is to cultivate and guide others. These psychological stereotypes lead female teachers to have a habit of being good teachers and being condescending when interacting with others in their spare time, thereby affecting their romantic opportunities.

7. **Employment and Entrepreneurship**: The stability and employment pressure of the teaching profession make many female teachers more inclined to choose stable jobs rather than taking risks to start a business. This makes their social circle even narrower, further limiting their romantic opportunities.

In general, the objective factors that make it difficult for female teachers to fall in love involve multiple aspects, including external factors such as salary and image, as well as internal factors such as personal perspective and social circle. To solve this problem, female teachers need to adjust their mentality, expand their social circle, improve their marriage skills, and at the same time, society needs to have a deeper understanding and recognition of the teaching profession, creating a better marriage environment for female teachers.

**Countermeasures and suggestions for difficulty in love among female teachers**

In response to the problem of difficult relationships among female teachers, the following are some countermeasures and suggestions:

1. **Female teachers adjust their mindset**: Adjust the expectations of your partner, view marriage and love rationally, avoid excessive pursuit of perfection, and thus relax the criteria for choosing a partner. Increase self-confidence, believe in one's own value, do not feel inferior due to professional reasons, and actively showcase one's strengths and charm.

Maintain a positive attitude towards life and optimistic emotions, overcome anxiety and worries, and make oneself more attractive.

2. **Expand social circle**: Use your spare time to participate in various social activities, such as interest groups, sports clubs, etc., to make more friends and increase communication opportunities with the opposite sex. Utilize online social platforms such as dating websites, social media, etc. to broaden ways to meet the opposite sex. Participate in communication activities in the teaching industry, communicate with peers, enhance friendship, and expand interpersonal relationships.

3. **Finding the right partner**: Actively participate in various blind date activities to increase your exposure and opportunities to meet suitable partners. Find suitable blind dates through channels such as friends, relatives, and colleagues, so that more people can understand their mate selection requirements. Maintain an open mindset, don't stick to past standards, and be good at discovering the strengths and potential of the other party.

4. **Attention and support from all sectors of society**: Improving the social status and treatment of the teaching profession makes female teachers more attractive in the marriage market. Advocate gender equality, eliminate prejudices and misunderstandings towards female teachers, and create a favorable marriage and love environment for female teachers. Schools and education departments should pay attention to the emotional needs of female teachers, regularly organize social activities, and provide more marriage guidance and assistance for female teachers.

In summary, female teachers need to start by adjusting their mindset, expanding their social circle, and finding suitable partners to solve the problem of difficult relationships. At the same time, all sectors of society should also pay more attention to the emotional needs of female teachers and provide them with more understanding and support.

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